



BAR MEAL SELECTION

Stir Fried Vegetables with Noodles & Black Bean Sauce	£6
Pan Fried Liver & Bacon with Mash and Onion Gravy	£6
Welsh Black Rump Steak with Chips & Grilled Tomato	£11
Whole Tail Scampi with Chips & Tartare Sauce	£8
Creamy Chicken Korma with Naan Bread & Jasmine Rice	£12
Beef and 'Evan Evans' Ale Stew With Herb Dumplings	£8
Freshly Boiled Ham with Parsley Sauce & Mashed Potato	£8
Pork & Leek Sausages with Mash & Red Wine Gravy	£7
Locally Made Faggots with Mashed Potatoes, Red Wine Gravy	£7
Homemade Welsh Beef Lasagne with Chips & Parmesan Cheese	£9
10oz D-Cut Gammon Steak with Chips & Egg or Pineapple	£13
Beer Battered Haddock with Fresh Chips & Homemade Tartare Sauce	£10

EXTRAS

Garlic Ciabatta Bread	£3
Mixed Leaf Salad with French Dressing	£3
Onion Ring Stack	£3
Chip Shop Style Mushy Peas	£3
Pepper Sauce/Diane Sauce/Blue Cheese Sauce	£3

*Weights are approximate before cooking

*Some of our items may contain nuts, please enquire

*All prices are inclusive of V.A.T.

Telephone- 01550 777357



STARTERS

Creamy Garlic Mushroom Tartlet with Roquette	£6
Roasted Duck Salad with Parma Ham & Celeriac Remoulade	£5
Spicy Thai Fish Cakes with Tomato and Coriander Salsa & Chilli Jam	£6
Choice of Homemade Soups	£4
Chicken Liver Parfait with Red Onion Marmalade & Walnut Toast	£6

MAINS

Mediterranean Vegetable Lasagne with Parmesan Cheese	£9
8 oz Welsh Beef Fillet Steak Served With Green Beans Dauphinoise Potatoes & Pink Peppercorn Sauce	£20
Welsh Lamb Shoulder Served with Minted Garden Peas & Red Wine Reduction	£15
Pembrokeshire Chicken Breast Served With A Mushroom & Streaky Bacon Linguini	£15
Grilled Fillet of Salmon Served With Peppered Spinach & Cherry Tomato Sauce	£15
Mushroom & Brie Wellington With Port & Cranberry Compote	£9
Roasted Pork Tenderloin With a Grain Mustard Mash & Apple & Cider Sauce	£14

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HOMEMADE DESSERTS

Traditional Spotted Dick With Custard	£5
Baked Vanilla Cheesecake With Raspberry Compote	£5
Coffee Pot Au Chocolat With Amoretti Biscuits	£5
Bramley Apple & Blackberry Crumble Served with Crème Anglaise	£5
Welsh Cheese Platter With Ruby Port Cenarth Brie, Perl Las, Y Fenni & Tintern Cheeses Served with Toasted Bread	£7

LIQUEUR COFFEES

Calypso	£6
Irish	£6
Welsh	£6
Highland	£6
French	£6

We only serve 'Fair-Trade' Coffee!

COGNACS & VINTAGE PORTS

Remy Martin VSOP	£4
Remy Martin XO	£9
Taylor's LBV	£4
Warres Vintage 1975	£8
Niepoort Vintage 1994	£8

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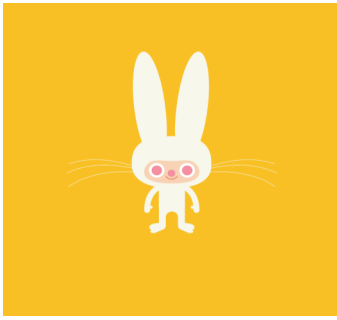
SUNDAY LUNCH STARTER CHOICES

Creamy Garlic Mushroom Tartlet With Roquette	£6
Roasted Duck Salad With Parma Ham & Celeriac Remoulade	£5
Spicy Thai Fish Cakes with Tomato and Coriander Salsa & Chilli Jam	£6
Homemade Soup Of The Day	£4
Chicken Liver Parfait with Red Onion Marmalade & Walnut Toast	£6

SUNDAY LUNCH MAIN CHOICES

ROAST PORK LOIN WITH CRACKLING Fresh Sage & Onion Stuffing	£8
MUSHROOM & BRIE WELLINGTON With Port & Cranberry Compote	£9
ROAST LEG OF WELSH LAMB Caramelised Rosemary & Lemon Stuffing	£9
RIB-EYE OF WELSH BEEF With Yorkshire Pudding	£9
GRILLED FISH OF THE DAY With Basil Dressing	P.O.A
ROAST CHICKEN SUPREME With A Mushroom & White Wine Sauce	£10

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THE RED LION LLANGADOG-CHILDREN'S CHOICES

PORK & LEEK SAUSAGES WITH MASH

WELSH BEEF LASAGNE WITH CHIPS & PEAS

VEGETARIAN GLAMORGAN SAUSAGES WITH CHIPS & PEAS

MILD CHICKEN KORMA WITH RICE

BATTERED HADDOCK WITH CHIPS

FRESH CHICKEN STRIPS WITH CHIPS

All Meals £4.95

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WHY NOT E-MAIL US ON: info@redlioncoachinginn.co.uk